

FINDING THE RIGHT CAREER

Workshop

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WHY IS IT *IMPORTANT* TO FIND THE “RIGHT” CAREER?



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It's crucial for both personal & professional fulfillment

A fulfilling career can provide you with a sense of purpose & direction

Having a career that aligns with your skills interest & values makes you more likely to love your job.

This can lead to happier & healthier life!

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TIPS ON FINDING THE RIGHT CAREER

Finding the career for you is a journey that requires self-exploration, research & patience.

- Think about your strengths
- Identify your goals & values
- Identify your work style
- Make a list of careers that interest you
 - Talk to people in those fields
- Take a career test
- Consult with family & friends who know you well
- Volunteer or work
- Consider what makes you *happy*

Answer the questions...

- What are you naturally good at?
- What skills have you developed over time?
- What do you enjoy doing?

YOUR STRENGTHS



What do you want to achieve in your career? Prioritize goals & values.

- Do you want a work-life balance?
- Would you like to be able to advance in this career?
- What kind of compensation are you seeking?
- Want to work with others or be independent?

GOALS & VALUES



This will help you choose a career that fits your personality & preferences.

- Work independently
 - Accounting
 - Graphic design
- Work collaboratively
 - Marketing
 - Human Resources

WORK STYLE



Brainstorm a list of potential career options that align with

- Strengths
- Goals
- Values
- Work Style

After making your list

- Consider pros & cons
- Research
- Picture yourself where you belong best
- Reach out to people in those fields
 - Can give valuable inside
 - Help you make informed decisions

LIST CAREERS



Career tests help you identify your strengths & interests & suggest potential career paths that suit you.

Are you more

- Outgoing & Sociable **or** Idealistic & Introspective
- Factual & Realistic **or** Idealistic & Theoretical
- Objective & Analytical **or** Empathetic & Sentimental
- Flexible & Spontaneous **or** Structured & Decisive

These are just some of the areas that career tests look at

CAREER TEST



Talk to the people who know you & will provide honest feedback about your

- Strengths
- Weaknesses
- Career Aspirations

You know yourself best, but there might be parts of you that others see more, or parts that you consider a weakness while they consider it a strength.

CONSULT THOSE WHO KNOW YOU BEST



Consider volunteering or working part-time in a field that interest you. Doing this will

- Help you gain experience
- Test the waters
- Confirm whether a particular career fits you
- Want to be a teacher?
 - Become a tutor or substitute teacher first

VOLUNTEER/WORK



Including this step will ensure a joyful future career!

Consider your

- Passions
- Hobbies

YOUR HAPPINESS



IN THE END

After considering various factors

- Your interests
- Skills
- Values
- Personality traits
- Career goals

You can find the right career for you by

- Researching
- Networking with professionals
- Gaining relevant experience
- Being open to learning & exploring new opportunities



Finding the right career is a process

Bay Atlantic University May 1. (2023, November 30). How to find the right career for me. *Bay Atlantic University - Washington, D.C.* <https://bau.edu/blog/how-to-find-the-right-career-for-me/>

REFERENCES



THANK YOU

LSC CyFair Writing Center

